

AlgaeCal® Plus
**Strontium
Boost**

**A KEY PART OF THE ALGAE CAL®
BONE BUILDING PROGRAM†**

DIETARY SUPPLEMENT
90 Easy-To-Swallow Veggie Capsules

S U P P L E M E N T F A C T S

Serving Size: 3 Capsules
Servings per Container: 30

	Amount Per Serving	% D.V.*
Strontium Citrate	2230	%

* Daily Value not established

Other Ingredients: Vegetable Capsule

Suggested Use As a dietary supplement for bone support take three capsules daily (with or without food). Take all three caps just before bed or first thing in the morning to avoid taking strontium at the same time as calcium containing meals/ supplements.

Important Note Strontium and calcium absorption is reduced if taken together, so ideally you should take your AlgaeCal® Plus calcium supplement with breakfast and evening meals to maximize calcium absorption, and Strontium apart from the calcium by at least an hour so the two minerals do not compete for absorption.

sease.

Please see our website for the full exciting results of Clinical Studies on Bone Growth!

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